

**Dear Customer!**

You have just received a parcel with the sample collection kit for execution of a genetic test.

The parcel contains:

- 4x sterile brush for buccal swabs
- 2x yellow long envelope for inserting the samples from the individual persons to be tested
- Air cushion envelope with return address

**Take the buccal swabs from each person to be tested:**

1. It is recommended not to eat or drink at least 15 minutes before taking the buccal swabs.
2. Remove the sterile brush from the package. Do not touch the brush bristles! Avoid touching brush against any other surface than the oral cavity mucosa.
3. Place the brush between the cheek and the jaw and rub gently and rotate the brush in both directions along the inside of the cheek approx. 10 times, ensuring that the entire brush has made contact with the cheek. The buccal cell sample taken should be visible on the brush.
4. Let the brush dry in the air – hold the brush in your hands, do not put it down. In moist brushes, decaying process may start while the sample is on its way to laboratory.
5. Place the dry swab directly into the long envelope labelled with the identifying information.
6. Repeat the swabbing with the second brush. Put the second brush to the first one into the long yellow envelope and seal the envelope.
7. Place the samples in the sealed yellow envelopes in the air cushion envelope with the return address.
8. Send the air cushion envelope by regular mail to the address of our laboratory: **Genomia s.r.o., Janáčkova 51, 323 00 Plzeň, Czech Republic**

Should you take buccal swabs from a breastfed child, take the sample at least 30 minutes after the last breast feeding. Minimise the risk of contamination the swab by the cells of child's mother.

See the instruction video for taking buccal swabs on: [www.genomia.cz/cz/human-sampling-video/](http://www.genomia.cz/cz/human-sampling-video/)

Should you have any questions, do not hesitate to contact us at [laborator@genomia.cz](mailto:laborator@genomia.cz) or call **+420 3737 49999**.

With regards  
Genomia Team